

Healthy Snacks!

This is a list of recommended snacks that are acceptable for your child to bring to school.

Yes!!	No!!
<ul style="list-style-type: none">○ Fruit (such as apples, bananas, grapes, pears, oranges, mango or watermelon slices)○ Vegetables○ Dry fruit○ Dry cereal (low sugar)○ Pretzels○ Goldfish○ Fruit Snacks○ Raisins○ Rice Cakes○ Granola Bars○ Energy Bars○ Cheese	<ul style="list-style-type: none">○ Candy○ Chocolate○ Cookies○ Chips <p><i>If your child brings any of the "No!" snacks to eat, I will ask him/her to put it away until lunch.</i></p> <p><i>We need our brains operating at their best!</i></p> <p><i>Thanks for your understanding and support!</i></p>

Please do not include snacks that require a spoon or fork.
Finger food snacks are best!